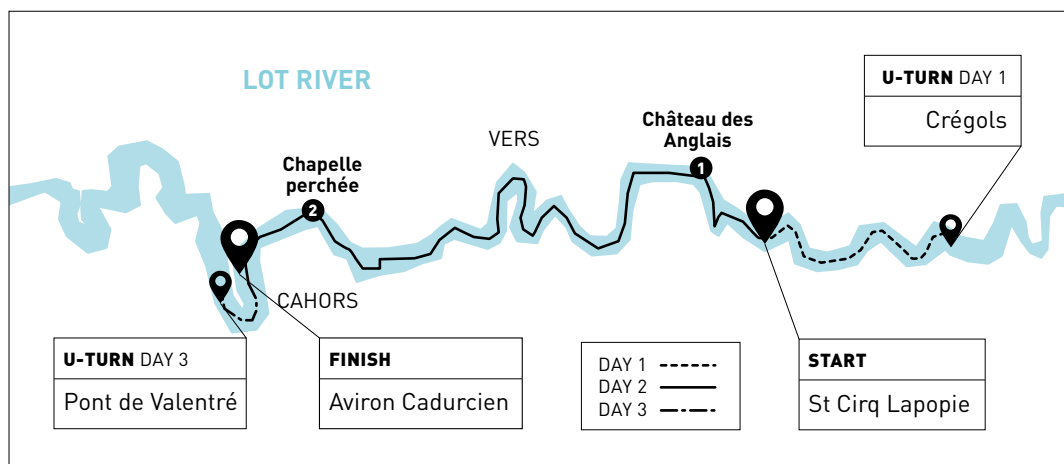
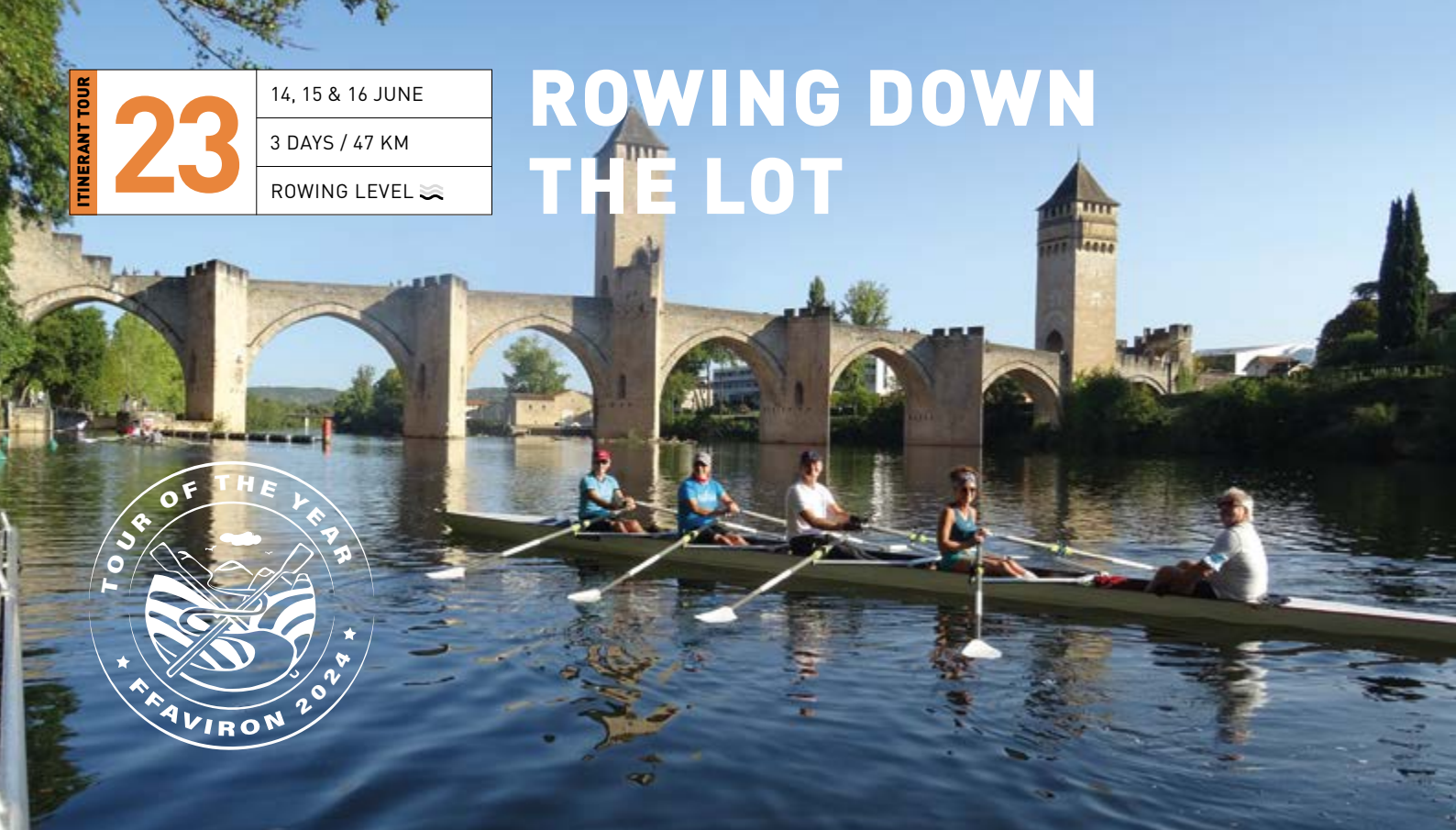


ROWING DOWN THE LOT



 Recreational four-person sculling boats

 **Rowers : 310 € with accommodation, 2 nights, 4 meals**
240 € without accommodation, 4 meals
 Companions : identical fees
 90 seats available, 60 €

 **AVIRON CADURCIEN**
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 **OFFICE DU TOURISME DU GRAND CAHORS**
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OFFICE DE TOURISME DE ST-CIRQ-LAPIOIE
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Rowing down the River Lot starts at the bottom of the medieval village of Saint Cirq-Lapopie, a major site of the Lot valley and goes upriver to Cregols, a small village which is typical of the rural architecture of the Quercy region. The tour continues between steep cliffs and arid rocky slopes across villages with their own identity and character, you will then arrive in Cahors, a Gallo-Roman and medieval town. Aged 700 years, the Valentré bridge, emblem of the city, is listed as a UNESCO World Heritage Site.

PROVISIONAL PLANNING

DAY 1

3.00-5.00 PM St-Cirq-Lapopie - Bouziès: 10 km.
 Dinner at the hotel restaurant. Accommodation in a hotel.

DAY 2

8.30 AM-12.30 PM Bouziès - Vers: 14 km. Picnic on the banks of the Lot River. **2.30-6.30 PM** Vers – Cahors : 12.6 km. Accommodation in a hotel. Festive dinner at the restaurant “La Chartreuse” on the banks of the Lot River.

DAY 3

9.00 AM-12.00 PM Cahors - Cahors: 10,4 km. Photos at the foot of the Valentré bridge. Lunch at the restaurant La Chartreuse. For the accompanying persons, walks and visits.